# EXHIBIT E

# Ethical Dilemmas and Professional Considerations for Working with the Adult Survivor of Sexual Abuse: Forensic Psychology

Dawn M. Hughes, Ph.D., ABPP Clinical and Forensic Psychologist

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# Forensic Psychology

The application of the science and profession of psychology to provide relevant information to a legal question.

# **Types of Cases**

#### **CIVIL**

**Abuse in Foster Care** 

**Clergy Abuse** 

**Teacher / School Official Abuse** 

Sexual Harassment

**Rape / Sexual Assault** 

- \* by employee
- \* failure to provide adequate protection

#### **CRIMINAL**

**Explanation of Aberrant Criminal Behavior or Reactions (due to childhood trauma or PTSD)** 

**Death Penalty (mitigating circumstances)** 



## Civil Cases

Damages relates to the finite harms that may be addressed through the legal process.

Assessment of both acute and long-term psychological damages.

Compromised functioning because of traumatic symptomatology may be one of those harms.



## **Ethical Considerations**

**Informed Consent** 

**Legal Rights of the Individual** 

Take Care to Do No Harm

**Confidentiality** 



# Ethical Considerations: Informed Consent

#### **APA Ethical Standard 3.10 Informed Consent**

(c) When psychological services are court ordered or otherwise mandated, psychologists inform the individual of the nature of the anticipated services, including whether the services are court ordered or any <u>limits of</u> <u>confidentiality</u>, before proceeding.

# APA Ethical Standard 9.03 Informed Consent in Assessments

(a) Psychologists obtain informed consent for assessments, evaluations, or diagnostic services as described in Standard 3.10, Informed Consent



# Ethical Considerations: Informed Consent

#### **Specialty Guidelines For Forensic Psychologists**

(IV)(E) Forensic psychologists have an obligation to ensure that prospective clients are informed of their **legal rights** with respect to the anticipated forensic service, of the purposes of any evaluation, of the nature of procedures to be employed, of the intended uses of any product of their services, and of the party who has employed the forensic psychologist.

## **Professional Considerations**

# Core Differences Between Treating Clinician and Forensic Evaluator



Core
Differences
Between
Forensic
Evaluator
And
Treating
Clinician

- The goals are different
- The litigant is not your patient
- There is a lack of confidentiality and privilege
- The level of scrutiny is heightened
- The pace and control is dictated by the evaluator and the needs of the case
- There is a standard of objectivity and neutrality
- There is a reliance on third-party information
- There is a testing of multiple hypotheses, including malingering and a reliance on psycho-legal criteria)



### Trauma Informed Forensic Practice

Awareness of how traumatized individuals tell their story

Awareness that the myriad traumatic and psychological consequences of sexual victimization invariably influence a victim's participation in the legal process

Knowing that a trauma assessment is more than PTSD

Knowledge of the appropriate selection and interpretation of psychological tests

Practicing within the bounds of our competency and expertise



### **Trauma Informed Forensic Practice**

Awareness of triggers, activation, dissociation

Awareness of ways to lessen harm during evaluation

Realizing that one can be empathic and engaging without losing objectivity

Offering basic containment strategies and debriefing after evaluation



## Thank You

Dawn M. Hughes, Ph.D., ABPP Clinical and Forensic Psychologist 274 Madison Avenue – Suite 604 New York, NY 10016

Web: www.drdawnhughes.com

Email: <u>hughes@drdawnhughes.com</u>

Tel: (212) 481-7044

